FEBRUARY 2023

THE FLOWER CHRONICLES

The Official Newsletter of Power of Flowers Project



Memories...

Do you often find yourself remembering the “good old days”? Older adults have so much knowledge and wisdom that many of their conversations are about past events and activities. However, short term memory and the ability to multi-task decline with age; it may become difficult to recall names or details. Sometimes memory loss is more profound. Regardless of the root cause, staying connected and keeping the mind active are important components of dealing with memory issues.



At Power of Flowers Project, we engage with the aging population through gifts of fresh flower bouquets. Recipients with memory issues will recognize the scents, colors, and types of flowers. The bouquets spark smiles, and people begin sharing stories about their gardens, wedding bouquets, or the special occasions throughout their lives when they received or gave flowers. The language of flowers transcends time, space, and even conscious memory. We are delighted that our bouquets help to ***Share Hope and Happiness*** with seniors and veterans who struggle to remember.

Six Facts About a Person with Dementia

By Dan Lonigro, CPI Global Professional Instructor

I can still smell the flowers.
I don't garden anymore, but I can still smell the flowers. Bring me some roses. They will remind me of the past.

I can still communicate.
I can't talk the way I used to, but I can still communicate. Be patient as I try. This will help me feel connected.

I can still make decisions.
I don't have the judgement I used to, but I can still make decisions. Give me choices. This will make me feel like I'm part of things.

I can still wash my face.
I can’t take a bath by myself anymore, but I can still wash my face. Assist me with direction. This will help me feel purpose.

I can still sing.
I can’t dance anymore, but I can still sing. Help me enjoy music. This will enrich my life.

I can still move my body.
I can't walk unassisted anymore, but I can still move my body. Walk with me, and support me if I stumble. This will help me feel engaged.

You are my lifeline. I depend on you. But please don't do for me what I can do for myself. Recognize what I can do and help me function as a person.

You are key to the quality of my life.

Thank You For Your Great Facebook Posts



Jack, Tewksbury Funeral Home

Did you know that most funeral flowers end up dying at the graveside? It's such a shame, that's why we love working with The Power of Flowers Project, located on the Tewksbury State Hospital campus. They give funeral flowers a new life, check them out at to see what they are all about.

Sandy Sullivan Daly

Thank you to all the volunteers. We donated flowers from my Mom's funeral and you made beautiful arrangements that my sister brought to Concord Care One to brighten the residents' day. Thank you so much!



BRENDA & MARK DELIVERING 64 BOUQUETS TO CONCORD CARE ONE



KC Elias

I had no idea this was a thing until it was suggested by O'Donnell Funeral Home in Lowell. My Dad passed in early December and we didn't have an immediate graveside service - he would have loved that his flowers went to this cause. He was always a champion for the underdog; it was such a comfort and I got a lovely handwritten note of gratitude. Thank you.

The Flower Chronicles



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Just in time for Mother's Day, we will have a wide variety of plants, garden gifts, and artisans goods

Plus take a chance on our Blooming Ticket for a chance to win $250 Gift Card to Mahoney's Garden Center

To learn more about our organization or how to volunteer, Contact Michelle Silveira, Executive Director at michelle@pofproject.org or Lisa Fabin-Bett, Director of Administration at lisa@pofproject.org

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